



# Relationship Education to help keep children safer

Information for Parents & Carers of children in Primary Schools

To keep children as safe as possible, **Relationship Education** is now statutory in all Primary Schools. To help us deliver this curriculum, we are engaging the support of the specialist organisation BigTalk Education, who are a Social Enterprise recognised by national lead bodies and Government.

They work with 3yr olds upwards and have been involved in delivering age-appropriate Relationship Education for over 20 years.

Below is some information on the Growing Up Safe programme that will be delivered to the Children.

- **Age 3 (Nursery).** A fun learning environment where the children are taught: the differences between boys and girls; naming body parts using the correct scientific words; the private areas of the body; and the difference between appropriate and inappropriate touches.
- **Ages 4 to 6 (Reception School Years 1 & 2)** Re-enforces the information that was covered in Nursery. Using specially designed, child friendly resources and in a calm, open and fun environment, the children are taught how to identify happy situations within relationships, and those which may be risky (e.g., other children or adults taking improper photographs of them, inappropriate touches, exposure to unsuitable media etc.) Throughout the session children are encouraged to join in and reassured that they have people that they can talk to if they are worried.
- **Ages 7 to 8 (School Year 3)** A fun learning environment where the children are taught: the differences between boys and girls, naming body parts using the correct scientific words, and the private areas of the body. Using specially designed child friendly resources and in a calm, open, fun environment, children will be able to identify happy situations within relationships, and those which may be risky (e.g., other children or adults taking improper photographs of them, appropriate and inappropriate touches, exposure to unsuitable media etc.) Throughout the session children are encouraged to join in and reassured that they have people that they can talk to if they are worried.
- **Ages 8 to 9 (School Year 4)** We build on the Year 3 information and also cover different kinds of families, similarities and differences between boys and girls. We also include the emotional and physical changes of growing up (puberty), how babies are made, then develop in the womb etc. (reproduction). Also discussed is, how to look after our bodies and be safe and healthy.
- **Ages 9 to 11 (School Years 5 & 6)** Reproduction and puberty are re-capped, the children are given the opportunity to ask questions. As well as additional clarification on puberty, they will often want more details on how babies develop and are born. It is important that they know there is someone in school as well as at home if they want help, advice or more information etc. (Information at this stage is vital to protect them as they move onto Secondary School and to provide an alternative information they may find on the internet.)

 [BigTalkEducation.co.uk](http://BigTalkEducation.co.uk)

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All the resources BigTalk Education use are age appropriate and help keep children protected from unwanted touches, abuse, and exposure to unsuitable images etc.

Further information on the above can be found on: [www.bigtalkeducation.co.uk/parents](http://www.bigtalkeducation.co.uk/parents)  
The new Parent presentations <https://www.bigtalkeducation.co.uk/year-by-year-2/> are on our website – the School will circulate the password the week prior to our visit.

In addition, “**Bodies, Babies and Bellybuttons**” is the Big Talk book which accompanies the Growing Up Safe programme. This is a great resource for parents and can be ordered online from [www.bigtalkeducation.co.uk](http://www.bigtalkeducation.co.uk) on our Resources page.

Should you require any further information Big Talk Education can be contacted on [admin@bigtalkeducation.co.uk](mailto:admin@bigtalkeducation.co.uk).

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